



/
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I. ,

가

5. 가
가

6. 3 2)

3

7. 가 1

가

III. 가

가

II. 가

가

1.

가

가

2.

6 가
가

Screening 가

. - 가

가

3. 가 가

1.

1)

2.

2)

가

3. 가 가 lab data

3)

가

4.

5.

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가

6. 가

4. 가

2

가

IV.

가 2) ,
가

1) :

2) :

가
1. (relational care)
가

가

가

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2.

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* No

3.

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debriefing

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1. < 가

> Shubert

"Current Issues in Screening and Selection"1992

	가
	가
	가 가
	가 가
	가
	가 가
	가 가
	가 가

2. < 가 >

Wechler IQ	가
MMPI	가 10가 (, , / , ,)
HTP, KHTP	(, ,)
SCT	가
BGT	, , , , .
Ego - gram	(, ,)
MBTI	()
(Rorschach)	, , , , .
TAT	, , , , , .
16PF	16가

/가 가

1.

- 1) :
- 2) :
- 3) :
- 4) :
- 5) :
- 6) :
- 7) :
- 8) :
- 9) :
- 10) :
- 11) :
- 12) :
- 13) : , , ,
- 14) : , ,
- 15) : , , / ,
- 16) () : , , , , ,
- 17) : , , , , ,
- 18) : , , , , ,
- 19) : , , , , ,
- 20) :
- 21) : , , , , ,
- 22) : , , , , ,
- 23) : , , , , ,

?

Following up

1. 가

2.

3.

4.

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1.

(relational care)

가

가

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가

2.

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No

3.

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debriefing

* 가

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가 John Powell

가

Marjory Foyle

가

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가

1.

가

(6:2)

2.

3.

가

가

가

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10. (2001). 가 . : .

가

가

I. 가

가 (, p. 76, . 가

가

2

. (Becvar, p.1-13)

Becvar “가 :

” 가 1940

(Nobert Wiener, Gregory Bateson) 1950

(Bateson, Nathan Ackerman, Murray Bowen, Carl Whitaker, Theodore Lidz, Lyman Wynne, Ivan Boszdrmenyi-Nagy, John Elderkin Bell, & Christian F. Midelfort) 1960 (MRI, Salvador Minuchin) 1970 6

가 가

1980

1990 .

(Becvar, p. 15-55)

가 가

(Bowen, Minuchin)

(MRI) (Satir, Milano Group) (Whitaker)

. 가 Bowen

, Minuchin

Satir, Whitaker

. (,

p. 50) (2, 3)

가

가

가

1) MRI(Bateson, Jackson, Haley &

Weakland) (Double Bind
 massage), 2) Laig (mystification),
 3) Watzlawick, Bateson, & Jackson
 (symmetrical or
 complementary relationships),
 4) Minuchin (enmeshment
 (disengagement),
 5) Minuchin, Montalvo, Guerney, Rosman
 & Schumer 가 ,
 6) Minuchin 가 ,
 7) Bell ,
 8) Ferreira 가 (family myth)
 9) Wynne, Ryckoff, Day&Hirsch 가
 (pseudomutuality)
 10) Lidz (marital schism)
 (marital skew)
 (Goldenberg, p 71-100, 114-121)

“ 가
 ”

가

15 12

(commitment),

(intimacy),
 (passion)

가

II. (,
 , 가)

가

A. 가

Beck Jones가 1973 Progress on Family
 Problems 266
 10 9

가

가
 . (Goldenberg, p. 75) (4)

B. 가 (5)

가

가

(intimacy)

가

가

가

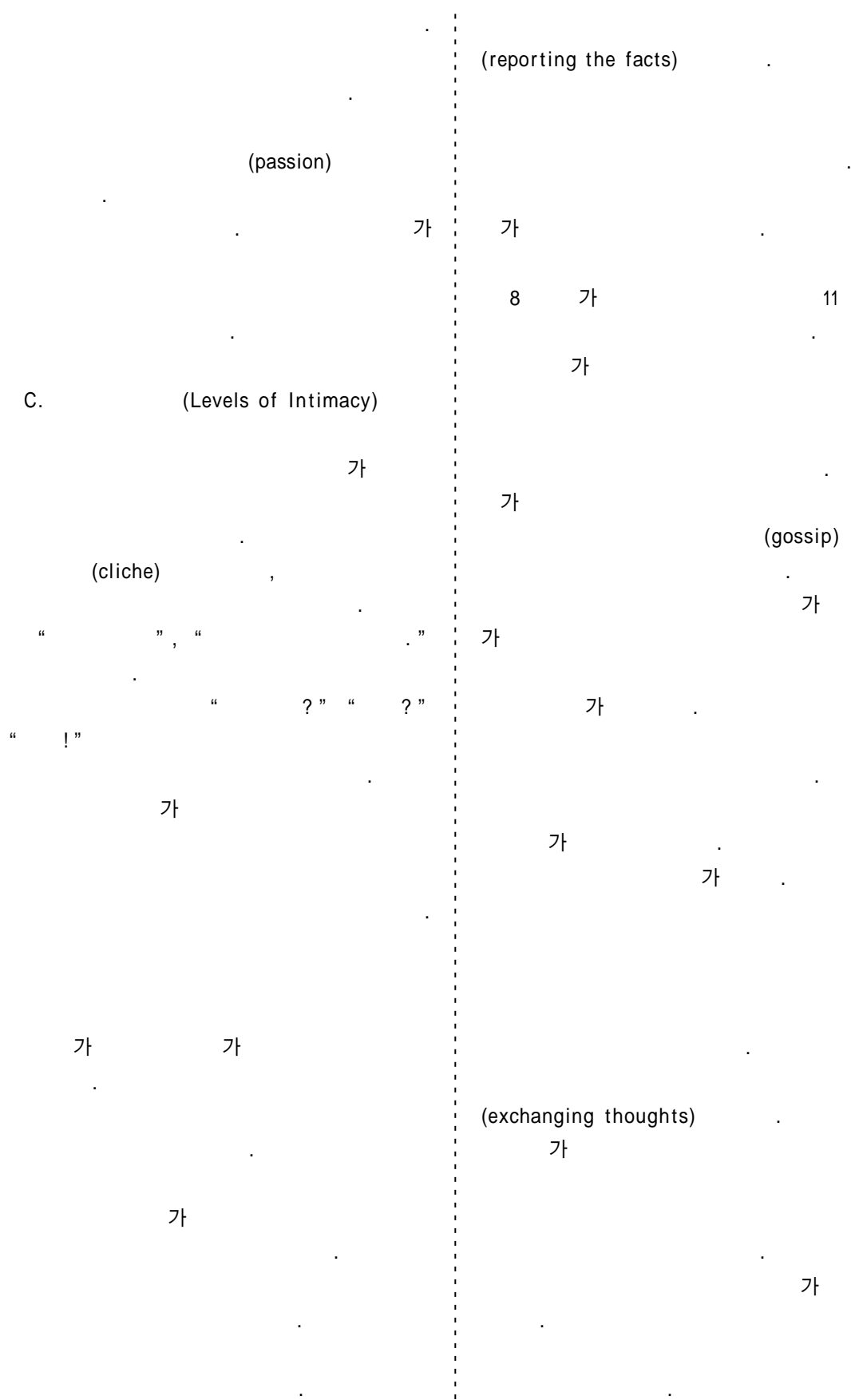
가

가

가

가

가



가

가

(intimacy)
가

가

가

가

가

가

가

가

(feeling oneness)

가

가

가

가

가

가

가

emotions)

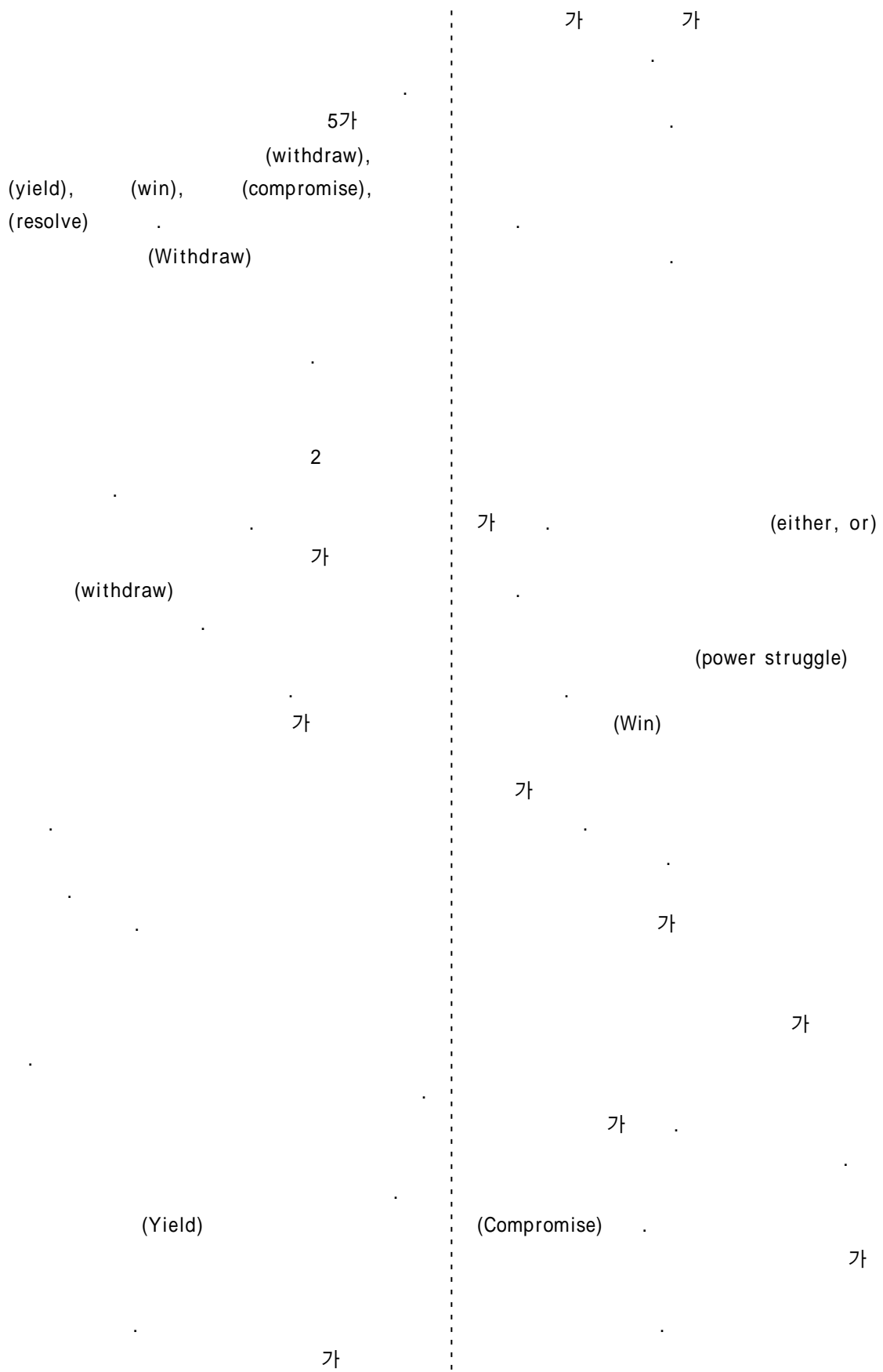
(sharing

D.

(6)

Jung

가



	가	(enmeshed) 가
	가	가
	가	가
(Double Bind) Double Bind) reframing)	(Therapeutic (positive	가
"Bateson(1972)	가	(對稱的, symmetrical) 關係
1)	가	Watzlawick 가
" " , 2)	, 2)	
, 3)	, 3)	
, 4)	, 4)	(Goldenberg pp.
	,	78-84)
, 5) 가	가	
, 6) 가	가	(Win)
	,	(disengaged) 가
pp. 25,26)	." (Becvar,	가
가 (enmeshed)	가	(補完的, complimentary) 關係
가 " 가 가	가	Watzlawick
"	가	(Goldenberg, pp. 78-84)
가		(enmeshed) 가 가
		가
		(enmeshed) (disengaged) 가
(偽裝, mystification):		가
Laig 가		가
	가	가
.(Goldenberg, p. 76)		(束縛, enmeshment)
		Minuchin
		(Goldenberg, p. 84)

(遊離, disengagement)
 Minuchin 가
 (Goldenberg, pp. 84,85)

(非行造成) 가
 Minuchin 가 . (enmeshed) 가
 (disengaged) 가
 (Goldenberg, p.85-87)

가
 (精神 身體的) 가
 Minuchin 가 가
 ,
 , 가
 가 가 가 -
 가 .(Goldenberg,
 pp. 87,88) 가

(贖罪羊)
 Bell 가
 L : ,
 L : ,
 (Goldenberg, pp. 88-91)

가 (家族神話, myth)
 Ferreira (相互偽裝)(Goldenberg,
 pp. 91-96)
 가 가
 가 가
 가 가
 가 가
 가 가
 가 (親密性, psuedomutuality)
 Wynne 가
 가 ,
 (Goldenberg, pp. 96-99) (enmeshed)
 가 가
 가 가
 가 가
 (龜裂, marital schism)
 Lidz 가
 (對稱的,
 symmetrical) 關係
 (歪曲, marital skew)
 Lidz ,
 (補完
 的, complimentary) 關係 가

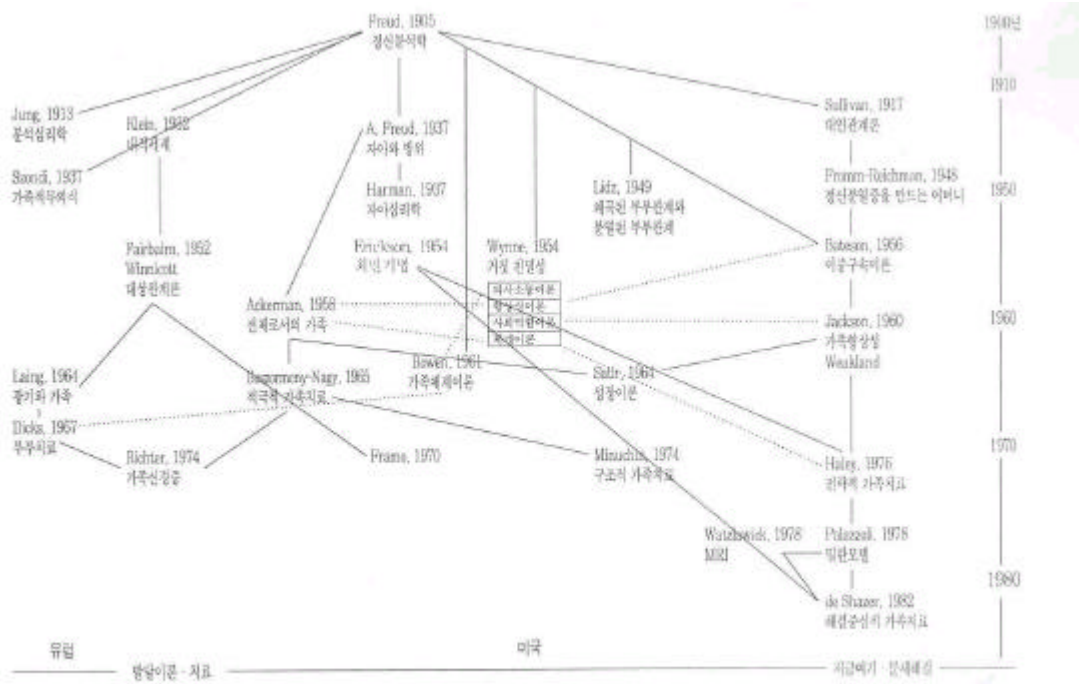
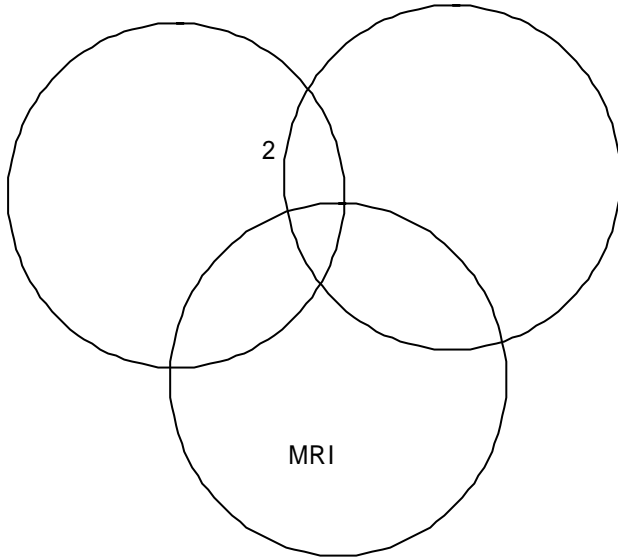
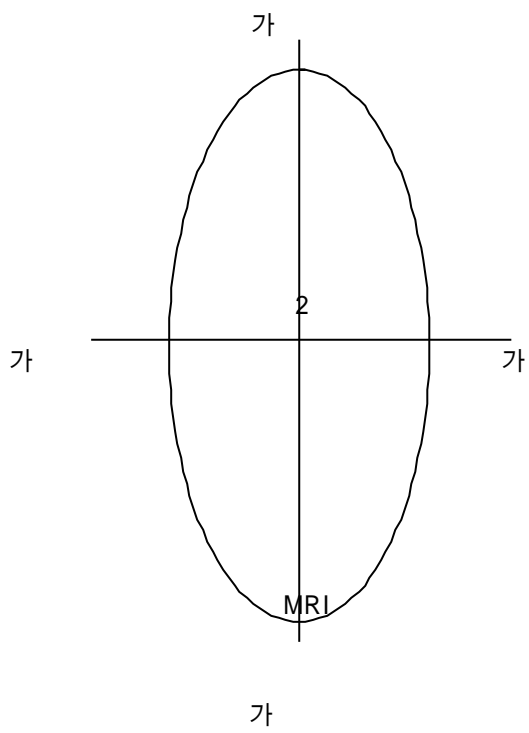


그림 1-8 가족치료의 발달과정

2 가



3 가



4

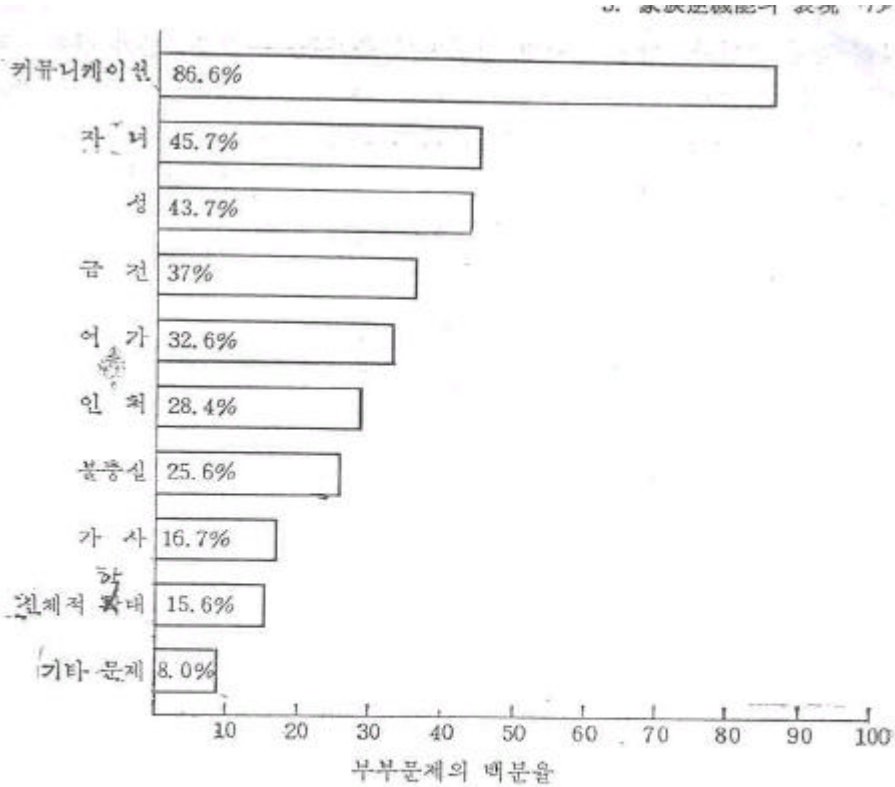
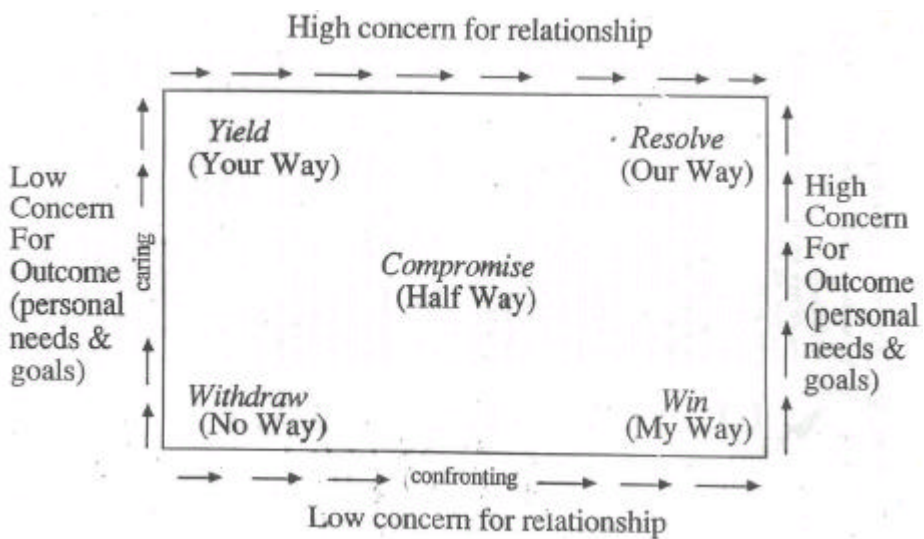


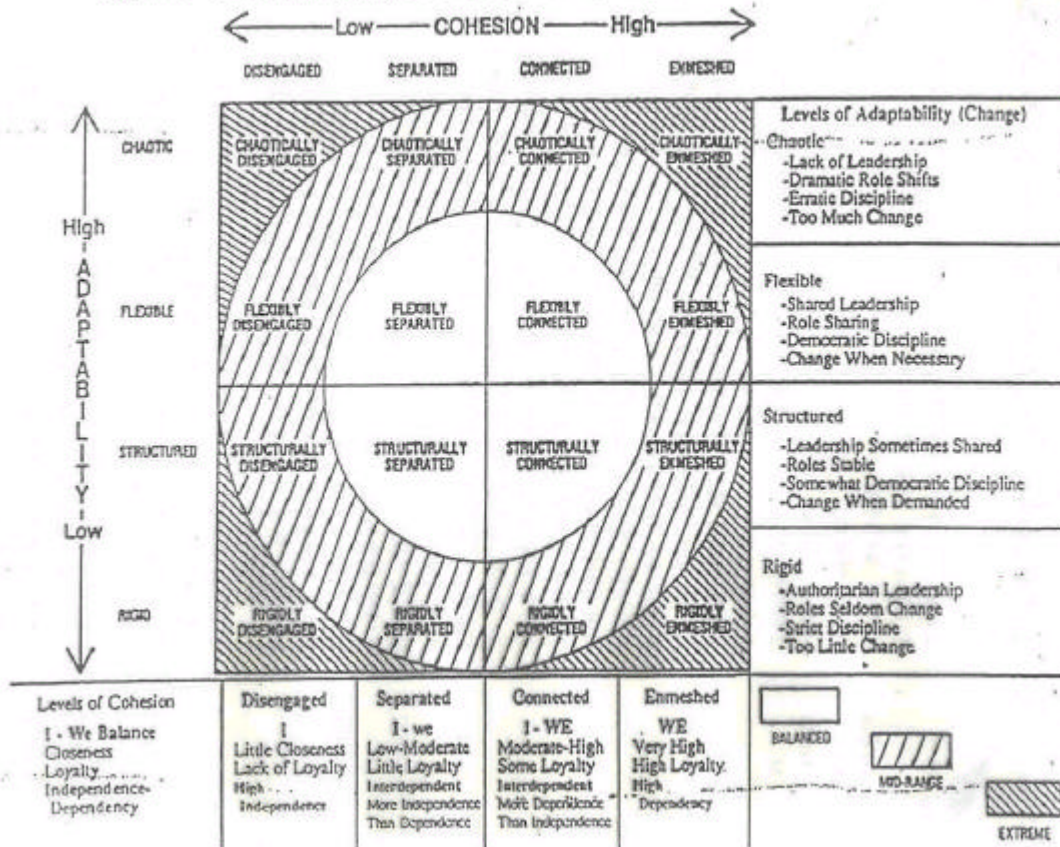
그림 3-1 이 조사에 참여한 미국 내 266개 상담소 보고를 바탕으로 한 부부문제. 부부 10명 중 약 9명이 서로 커뮤니케이션 문제에 불평하고 있다는 사실에 주목하라. 이 표본에서 커뮤니케이션 문제는 자녀관계로 인한 가족문제보다 두 배로 많다(Beck, D.F., and Jones, M.A., *Progress on Family Problems*, New York: Family Service Association of America, 1973).

5



6(a)

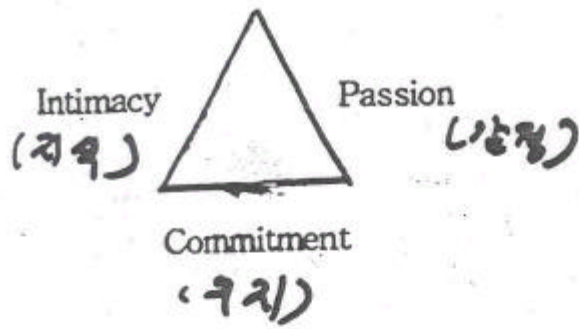
Figure 1: CIRCUMPLEX MODEL - Couple & Family Map



6(b)

CHARACTERISTICS OF THE FOUR CONFLICT STYLES

WITHDRAW	YIELD	WIN	RESOLVE
Participants are strangers.	Participants are friends.	Participants are adversaries.	Participants are problem-solvers.
The goal is escape.	The goal is agreement.	The goal is victory.	The goal is a wise outcome reached efficiently and amicably.
The people are the problem.	Make concessions to cultivate the relationship.	Demand concessions as a condition of the relationship.	Separate the people from the problem.
Be soft on the problem hard on the people.	Be soft on the people and the problem.	Be hard on the problem and the people.	Be soft on the people, hard on the problem.
Distrust others.	Trust others.	Distrust others.	Proceed independent of trust.
Never state your position.	Change your position easily.	Dig in to your position.	Focus on concerns, not positions.
Make tracks.	Make offers.	Make threats.	Explore concerns.
Widen your bottom line.	Disclose your bottom line.	Mislead as to your bottom line.	Avoid having a bottom line.
Inflict two-sided losses to avoid agreement.	Accept one-sided losses to reach agreement.	Demand one-sided gains as the price of agreement.	Invent options for mutual gain.
Prevent the development of options.	Search for the single answer: the one <i>they</i> will accept.	Search for the single answer: the one <i>you</i> will accept.	Develop multiple options to choose from; decide later.
Insist on leaving.	Insist on agreement.	Insist on your position.	Insist on using objective criteria.
Try to prevent a contest of will.	Try to avoid a contest of will.	Try to win a contest of will.	Try to reach a result based on standards independent of will.
Run from pressure.	Yield to pressure.	Apply pressure.	Reason and be open to reasons; yield to principle, not pressure.



Intimacy



1. cliché.

2. reporting the facts.

3. exchanging thoughts.

4. sharing emotions.

5. feeling oneness.

EMOTION

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